**SOSSA Individual Qualifiers from ZONE 3 XC Results ( Please see actual results for placements)**

**Maximum 6 runners advance from each qualifying school team**

## Mixed 3k Run CC Para

1 Andrew McIntyre M SMHS-NIAGARA FAL 11:50.0 1
1 Julianne Miszk W SMHS-NIAGARA FAL 24:00.0 1

## Women 3k Run CC Midget

TEAMS (6 runners max) 1.Lakeshore, 2. Centennial 3. ELC

Individuals:

1 Brenna Ainslie WSS-NIAGARA FALL 11:00.9 1
4 Ella Whalen SMHS-NIAGARA FAL 12:00.0 4
5 Jessica Zheng ANMSS-NIAGARA FA 12:24.7 5
6 Josephine Severin SPHS-NIAGARA FAL 12:34.3 6
7 Briana DePaz WSS-NIAGARA FALL 12:34.5 7
12 Julia Garisto SPHS-NIAGARA FAL 13:53.8 12
15 Sophia Scott SPHS-NIAGARA FAL 14:47.0 15

## Women 4k Run CC Junior

Teams (6 runners max)1.ELC

Individuals:

2 Larissa Adamo ANMSS-NIAGARA FA 16:24.3 2
3 Taylor Nicholls SPHS-NIAGARA FAL 16:51.1 3
4 Margaret Taras LCHS-PORT COL 17:48.0 4
6 Olivia Diodati SPHS-NIAGARA FAL 18:40.5 6
9 Anjelaya Fulcher WSS-NIAGARA FALL 19:12.3 9
11 Megan Helmeczi SPHS-NIAGARA FAL 19:23.9 11
12 Hannah Hong ANMSS-NIAGARA FA 19:33.9 12
13 Oksana Groch ND WELLAND 19:35.3 13
14 Makayla Cassolato ESJV-WELLAND 20:18.4 14
15 Olivia Mete ND WELLAND 20:36.0 15

## Women 5k Run CC Senior

Teams (6 runners max)1.ELC,2. LCHS ,3. ND

Individuals:

1 Kayleigh Bush ANMSS-NIAGARA FA 18:47.6 1
9 Regan Greatrix SPHS-NIAGARA FAL 21:55.0 9
12 Marissa Dakin-Lachance ESJV-WELLAND 23:05.2 12
16 Amilia Wilson ESJV-WELLAND 25:23.6 16
20 Hailey Triano SMHS-NIAGARA FAL 28:39.2 20

**Men 5k Run CC Midget**

Teams (6 runners max)1. ELC, 2. ND, 3. SMHS

Individuals:

3 Josiah Forde SPHS-NIAGARA FAL 18:13.0 3
12 Jon Kort CSS-WELLAND 19:19.9 12
14 Patrick Kirby ESJV-WELLAND 19:57.2 14
15 Zachary Tyrrell RCBHS-RIDGEWAY 19:59.4 15
16 Davis Gollert ANMSS-NIAGARA FA 20:14.2 16
17 Cooper MacJanet CSS-WELLAND 20:14.8 17
22 Tristan Sorge LCHS-PORT COL 21:20.6 22
23 Anthony Molone NIAGARA CC 21:31.8 23
24 Krish Patel EASTDALE - WELLAND 21:32.2 24
28 Tim Swick CSS-WELLAND 23:27.7 28

**Men 6k Run CC Junior**

Teams (6 runners max)1. ELC, 2. ND

Individuals:

5 Neil Wangler NIAGARA CC 24:06.8 5
6 Cian Burke SPHS-NIAGARA FAL 24:28.4 6
11 Simon Veillette ESJV-WELLAND 25:29.6 11
14 Rourke Mather ANMSS-NIAGARA FA 26:05.0 14
15 Aiden McCracken ANMSS-NIAGARA FA 26:11.8 15
17 John Mason NIAGARA CC 27:27.4 17
18 Zachary Offermann RCBHS-RIDGEWAY 27:29.8 18
19 Jakob Trickett ANMSS-NIAGARA FA 28:56.0 19
20 James Lunn SPHS-NIAGARA FAL 29:51.0 20
21 Cooper Richards CSS-WELLAND 33:18.0 21

**Men 7k Run CC Senior**

Teams (6 runners max)1. ELC, 2. ND, 3. St.P

Individuals:

3 Isaac Lapp RCBHS-RIDGEWAY 26:39.9 3
11 Owen Sutton ANMSS-NIAGARA FA 30:14.1 11
12 Kameron Jacobi ANMSS-NIAGARA FA 30:27.9 12
13 Ethan Pasco SPHS-NIAGARA FAL 30:44.2 13
16 Joel Ingram ANMSS-NIAGARA FA 31:11.2 16
17 Conner Murray LCHS-PORT COL 31:25.2 17
18 Ryan Sherwood SMHS-NIAGARA FAL 31:30.1 18
19 Johnathon DeGois LCHS-PORT COL 31:33.9 19
20 Michael Russiani SMHS-NIAGARA FAL 31:52.7 20
23 Owen Powell SMHS-NIAGARA FAL 32:15.9 23