

NCAA Elementary Athletic Council



Supported by the Niagara Catholic District School Board



C O N S T I T U T I O N

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NCDSB MISSION STATEMENT

The Niagara Catholic District School Board, through the charisms of faith, social justice, support and leadership, nurtures an enriching Catholic learning community for all to reach their full potential and become living witness of Christ.

Play like a champion TODAY!!!!

Play Like a Champion today views sport as a ministry, and challenges coaches and the entire Catholic school community to develop the whole athlete: physically, mentally, and spiritually. The goal is to enhance our Catholic school athletic experience.”

- Develop the **skills** and the **morals** of high school athletes
- Maximize their athlete's performance by setting targeted, appropriate **goals**
- Understand the critical role that **team community** plays in sports
- Instil a sense of **accountability and ownership** in their athletes
- Recognize and address signs of abuse, including **steroid use, bullying, and sexual misconduct**
- Build strategic, beneficial **partnerships** with parents.

Play Like a Champion Today utilize the **GROW** approach—a **formula for success**:

Goals + Relationships + Ownership = Winning

Utilizing the GROW approach, coaches lead with the pastoral training required to coach athletes that succeed on the field and that develop into virtuous adults. The *Play Like a Champion Today* approach to coaching leads to an improved sport experience for all involved in the game.

- **Athletes** experience less "burn out" stay active for more years in sports.
- **Coaches** gain an increased sense of purpose and pride in contributing to their school's Catholic mission.
- **Parents** report greater satisfaction with their child's athletic experience.
- **School administrators** enjoy the benefits of professionally trained coaches committed to the Catholic identity of their school.

Role of the Council

The NCAC shall be the governing and decision-making body responsible for establishing, upholding, and modifying all By-laws pertaining to the co-instructional athletic programs in the NCAC elementary schools. This constitution shall be a working document and will be updated as new issues are brought to the council for review.

Expectations

- a) Provide an environment for participation and competition within the schools in which the following ideals are nurtured and developed: fair play; respect for self and others; cooperation; self-discipline; positive leadership; fun; participation and skill development; commitment. The co-instructional program offers students the opportunity to participate and compete. Emphasis should be placed on participation and student involvement in a variety of activities.

The opportunity for interschool competitive experiences should be structured to enhance the overall development of the student athlete and develop the ideals listed above.

- b) Promote interschool athletics as having an integral place in the total school program while recognizing the individual needs of schools and that co-instructional involvement is a voluntary activity on the part of those who participate.
- c) Encourage and support in-service opportunities for teacher-coaches and volunteers.
- d) Demonstrate to students, fellow staff members and community a high level of professionalism and concern for the student's total education and well-being.
- e) Foster excellence in student performance and fair play.

School sports by areas: Model/Template-

	West wing Grimsby	Welland and Pelham-XL	Saint Catharine Large	Saint Catharine small	Lakeshore Catholic area	Niagara Falls Large	Niagara Falls small	Other/notes
Cross country								FOS and NCAA
Soccer								FOS
Volleyball								FOS and NCAA
Basketball								FOS and NCAA
Handball								FOS
Badminton								FOS
Softball								FOS
Track and Field								FOS-NCAA

Proposed advancement from FOS 1 small and 1 big school team to NCAA Board Volleyball and Basketball. One extra small and large team from Welland/Pleham.

Ideal Representation Model

Each of the following representatives carries one vote at council.

SENIOR ADMINISTRATION (1) Liaison- Program Area
One supervisory officer or designate* from the NCDSB

CHAIRPERSON (1) NCAA convenor

VICE CHAIR- Principal Rep.
from the membership

FOS CHAIRPERSONS (~7)
One from each of the north and south regions

This model serves to ensure equitable access and representation at all NCEAC meetings.

Duties

Supervisory Officer or designate*

- a) Review and sign the AC Membership Acceptance Document annually
- b) Distribute updated Constitutions and relevant NCAC information to District meetings

Chairperson

- a) Shall prepare agendas for each meeting
- b) Shall be spokesperson for the NCAC
- c) Shall annually ensure a report, in co-operation with the executive, is prepared and sent to all Superintendents, Principals, and Regional Representatives
- d) Shall chair the Code of Conduct Committee for conflicts brought to the NCAC
- e) Meet annually with representative from local basketball and volleyball refereeing associations to review and update schedules and rule modifications
- d) Shall ensure that copies of the minutes of all meetings are kept and distributed

Vice-Chairperson

- a) Shall ensure that the sports calendar is developed for the following year, after consultation with the Executive
- b) Shall be aware of and record all Elementary Sports Council disciplinary measures;
- c) Shall co-ordinate the publication of the year-end report
- d) Notify media of all tournament dates and report results of events to the Public Relation Officer of each member board
- e) Shall take on responsibility of the Chairperson in his/her absence
- f) Assistance in booking facilities, coordinating schedules, seeking corporate sponsorships, and contacting the media as required

Past Chairperson-if needed

- a) The Chairperson from the previous year shall sit on the NCAC for an additional two years as a resource person to the Executive members and the Council at large

Athletic Coordination Team: (Chairperson from each FOS)

- a) meet in May with referee representatives to coordinate athletics scheduling for each region
- b) discuss formats for FOS and NCAA functions
- c) convene the most Tournaments and meets

Treasurer -NCAA

- a) collecting funds from the regions
- b) tracking finances for county events
- c) issuing cheques for event expenses
- d) preparing an account summary for each council meeting

Secretary NCAA

- a) Take and distribute minutes to every school

FOS/AREA Representatives

- a) Operate their region in accordance with Simcoe County Elementary Athletic Council Constitution
- b) Attend Simcoe County Elementary Athletic Council meetings

Operating Guidelines

Voting Procedures

- a) Each NCEAC member fos in attendance has one (1) vote
- b) Voting is conducted with a show of hands-TIE BROKEN BY NCAA CONVENOR
- c) A majority of those members in attendance is necessary to pass any item

Interim Decisions

If issues arise between regularly scheduled meetings, the executive in consultation with the Supervisory Officer will discuss the matter and consider any mitigating circumstances. The executive will render an interim decision pending council approval at the next meeting.

Meetings and Agenda Items

There will be three meetings each school year of the NCAC.
The dates for the following year will be decided by the membership at the June meeting.

Agenda items may be submitted to the Chairperson by:

- a) Principals through their Administrative Representative;
- b) Teachers/coaches through their Athletic Council Chairperson.

Agenda items may be forwarded to the Chairperson by the:

- a) Executive Superintendent of Program Services;
- b) Members of the NCAC.

Agenda items shall be proposed and forwarded to the Chairperson:

- a) In writing two (1) week before the NCEAC Meeting;
- b) With appropriate background material;
- c) In the form of a recommendation.

Motions Passed

Motions passed by the NCAC will be incorporated into the Constitution where appropriate.

Minutes

Shall be distributed by e-mail to:

- a) All Area Superintendents of Education;
- b) All NCAC Members;
- c) All Principals;
- d) All School Athletic Representatives.

Rules, Regulations and Philosophy

All athletes, coaches, referees, volunteers and spectators involved in NCAC events shall abide by the rules and code of conduct of the NCAC and of the facility in which the event takes place. This includes but is not limited to: dress code, out of bounds areas, and behavior. It is the coach’s responsibility to ensure their players abide by these regulations.

The NCAC provides tournaments for grades 4 - 8 students only. Students not in grades 4 - 8 may compete only with the permission of the FOS AND OR NCAA because they are age appropriate, or the team requires more players and insufficient grade 4 - 8 students are eligible. Once a junior player participates in any intermediate game, they are no longer eligible to participate in that sport at the junior level unless given permission by the FOS/NCAA. Permission may only be granted if there are insufficient junior players in the school and no junior has been denied membership on that team. Individual sports will have grades 4-6 and 7-8.

B & G HANDBALL	B & G BASKETBALL	TRACK AND FIELD	BADMINTON
B & G BASEBALL	B & G VOLLEYBALL	CROSS COUNTRY	B & G SOCCER

Cross country will have the Top 5 move on to the NCAA/NCDSB board meet – as of September 2017

Track and Field will have the top Grades 6,7&8) move on to the NCAA/Board meet in the following common activities: 100, 200, 400, 800, long jump, shot (6lbs). One winner from every area-two from Welland Pelham

Coaches' Code of Ethics

As a professional educator and/or coach within the Elementary Sports Council I will endeavour to:

- a) Exemplify a positive role model for students;
- b) Respect the integrity and personality of the individual athlete;
- c) Encourage maximum pupil participation;
- d) Temper the goal of winning with positive, competitive learning experiences;
- e) Encourage sportsmanship and fair play;
- f) Abide by the rules of the game in letter and in spirit;
- g) Respect the integrity and judgment of the officials;
- h) Demonstrate a continuing interest in coaching principles and techniques through professional improvement;
- j) Encourage respect for all athletes and their values;
- k) Display modesty in victory and graciousness in defeat;
- l) Promote ethical relationships among coaches;
- m) Encourage proper training practices in preparation for participation;
- n) Develop qualities of leadership, initiative, good judgment and sporting attitude in each athlete;
- o) Show respect for other coaches.

Coaches' Responsibilities

Coaches shall:

- a) Be responsible to the Principal;
- b) Be responsible for the supervision, safety and general welfare of the student athletes under their care;
- c) Be responsible for carrying out their responsibilities according to the policy and guidelines
- d) Be responsible for carrying out their responsibilities according to the Code of Ethics;
- e) Review the Code of Conduct for Elementary Athletics with their athletes prior to the start of each sports season;
- f) Be responsible for the distribution and collection of appropriate transportation and field trip forms prior to the beginning of each sports season;
- h) Make an effort to attend in-service activities for personal and professional growth;
- i) Follow the NCAC Constitution and its Policies.

Student Athletes' Code of Conduct

As a participant within the NCAC, the student athlete shall abide by the following credo:

- a)** Participate in a **spirit** of fair play; COOPERATE WHILE PLAYING
- b)** Adhere to the applicable rules of the sports' event, host site, and home school;
- c)** Respect the decisions of the officials, adult supervisors and teachers on-site;
- d)** Wear appropriate athletic clothing that is non-offensive, profane or discriminatory;
- e)** Use courteous and respectful language and good manners and at all times be sensitive to the needs and feelings of others;
- f)** Ensure that the athletic site is left litter-free.

Failure to Adhere

If a situation arises where the student athlete fails to adhere to the Code of Conduct, the following consequence(s) may be applied:

- a)** Removal from the game or event;
- b)** Removal from the athletic event for the remainder of the day;
- c)** Removal from the site and returned to their home school; or
- d)** Removal from all athletic participation for a designated team.

If a student athlete is ejected from a game by the official, they will automatically miss the next game and their Principal will be notified.

Code of Conduct Protocol

- a)** The NCAC Chairperson or Vice-Chairperson, the NCAA Administration Representative (from the region in question) and a Regional Chairperson from a region not involved in the conflict will assess the validity of complaints and decide on a course of action;
- b)** Complaints form from referees will be forwarded to the NCAA Convenor and Chair.

* If any member of the Code of Conduct Committee has a conflict of interest with the situation under review, they are obligated to remove themselves from the committee

An up to date copy of this document shall be distributed to the principal and athletic representative at each member school. As changes are made by council, this document will be updated on <http://www.ncaa.ca>, click the Elementary tab.

