



CROSS COUNTRY

6th Annual Badger Invitational

This is a great opportunity for a final tune-up before the Championship season begins!!

Date: Thursday, October 10th, 2019

Convenor: Emily Allan, eallan@brocku.ca, 905 688 5550 x3380

Location: Brock University campus, soccer field on the west side of campus. Parking - you can pay to park in P lot (closest to the race course) for hourly parking, or D lot (\$12) for full day parking. Buses can drop off at Walker Complex and then park in Zone 2.

Registration/Packet Pick-up: 8:30-9:30am, east side of soccer fields, behind Village Residence.

Coaches Mtg: 9:30am at the registration/Badger XC tent.

Start Times:	Novice Girls	10:00am	4km
	Novice Boys	10:30am	4km
	Junior Girls	11:00am	5km
	Junior Boys	11:40pm	5km
	Senior Girls	12:20pm	6km
	Senior Boys	1:05pm	6km

Course: The course is generally flat and mostly on grass, trails, and some gravel sections, with one steep trail climb. Course maps will be provided at a later date.

Entries: Registration using the excel entry form (attached to email)
-\$8 per runner to a maximum of \$320 per school
-Pay by cash or cheque at registration (cheques payable to Brock University)

Entries due: **By midnight on Sunday, October 6th, send to Erin Laughlin, Assistant Coach at elaughlin@brocku.ca**
(*note: registration may close earlier if the event reaches capacity)

Results: Will be posted during the event, as well as online and emailed to coaches afterwards.

Scoring: The placing of the top four runners will determine each team's score. In the event of a tie, the team whose 4th runner finishes nearest to first will decide the issue.

Awards: Medals will be awarded to the top 3 in each category. Race winners of each category will also receive a prize. An assortment of other paraphernalia may be available as draw prizes throughout the day.

Snacks: Water and Gatorade will be on hand.
**Note, this is a waste-free event - runners need to bring their own refillable bottles.*

The Walker Complex Cafeteria will be open for food and drink purchases.

