

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 3 Women 4k Run CC Novice

Name	School	Finals	Points
Results - Women			
1 Sarah Sweitzer	St. Francis - St. Catharines	19:17.3	
2 Laura Pogoda	Blessed Trinity Thunder	19:32.3	
3 Henlee Mahoney	St. Michael - Niagara Falls	20:32.1	
4 Madisyn Madejski-Rapson	Blessed Trinity Thunder	20:56.3	
5 Taurie Cunningham	Holy Cross - St. Catharines	21:07.9	
6 Ella Keating	St. Francis - St. Catharines	21:08.5	
7 Kalynda Harrington	Holy Cross - St. Catharines	22:39.9	
8 Alannah Burke	St. Paul - Niagara Falls	24:08.2	
9 Sarah Haynes	Blessed Trinity Thunder	24:10.9	
10 Lauryn Raso	Holy Cross - St. Catharines	31:49.0	
11 Adia Binfield	Blessed Trinity Thunder	33:03.3	

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 4 Men 4k Run CC Novice

Name	School	Finals	Points
------	--------	--------	--------

Results - Men

1	Zachery Joseph	Blessed Trinity Thunder	16:49.1
2	Owen Cooper	Denis Morris-St. Catharines	17:05.0
3	Max Morrow	Blessed Trinity Thunder	17:10.7
4	Lucas Henson	Notre Dame College - Welland	17:24.0
5	Nathan Joseph	Blessed Trinity Thunder	17:30.7
6	Steffen Zylstra	St. Michael - Niagara Falls	17:35.9
7	Santiago Sotelo	Notre Dame College - Welland	17:38.0
8	Sam Parlatore	Denis Morris-St. Catharines	18:03.0
9	Nathan Alvarado	Blessed Trinity Thunder	18:09.2
10	Matthew Fleming	Denis Morris-St. Catharines	18:10.9
11	Coltin Elwell	St. Francis - St. Catharines	18:15.3
12	Trent Mooradian	St. Francis - St. Catharines	18:40.2
13	Massimo Romano	Blessed Trinity Thunder	18:50.1
14	Matthew De Tina	Blessed Trinity Thunder	19:16.0
15	Camryn Gauer	Notre Dame College - Welland	21:13.1
16	Alexander Loots	Lakeshore - Port Colborne	25:27.0

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 5 Women 5k Run CC Junior

Name	School	Finals	Points
Results - Women			
1 Macy Hellwig	Denis Morris-St. Catharines	21:49.4	
2 Ella Duguay	Holy Cross - St. Catharines	22:21.9	
3 Faith Ruber	Lakeshore - Port Colborne	24:17.6	
4 Stella Pesut	Blessed Trinity Thunder	24:17.8	
5 Emma Bagozzi	Denis Morris-St. Catharines	25:03.1	
6 Laura Smith	Lakeshore - Port Colborne	26:01.3	
7 Jazmine Smith	Blessed Trinity Thunder	28:54.9	
8 Nina McGregor	Holy Cross - St. Catharines	31:26.2	

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 6 Men 5k Run CC Junior

Name	School	Finals	Points
------	--------	--------	--------

Results - Men

1	Evan Beach	Blessed Trinity Thunder	17:31.5
2	Reese Arnold	Blessed Trinity Thunder	17:33.8
3	Mason Petrucci	St. Francis - St. Catharines	18:34.2
4	Jake Bagozzi	Denis Morris-St. Catharines	19:59.5
5	Ethan Mason	St. Francis - St. Catharines	20:03.3
6	James Lawson	Blessed Trinity Thunder	20:09.8
7	Benjamin Molnar	St. Francis - St. Catharines	20:13.4
8	Christian Hordijk	St. Francis - St. Catharines	20:13.6
9	Steve Taras	Lakeshore - Port Colborne	20:17.0
10	Jair Leonor Ayala	Notre Dame College - Welland	20:22.4
11	Matthew Bennett	St. Paul - Niagara Falls	20:30.5
12	Tyler McKee	Notre Dame College - Welland	21:09.0
13	Emanuel Villacorta	Blessed Trinity Thunder	21:11.2
14	Marcus Celia	Blessed Trinity Thunder	21:57.5
15	Sebastian Hyndman	Lakeshore - Port Colborne	22:03.6
16	Evan Freeman	Denis Morris-St. Catharines	22:57.7
17	Kohen Serravalle	Denis Morris-St. Catharines	24:29.0
18	Ryan Michtics	Blessed Trinity Thunder	25:36.3
19	Liam Ciardelli	Blessed Trinity Thunder	25:38.9
20	Logan McKimm	Denis Morris-St. Catharines	25:39.4

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 7 Women 6k Run CC Senior

Name	School	Finals	Points
Results - Women			
1 Alissa Mete	Notre Dame College - Welland	24:07.3	
2 Lauren Macsai	Lakeshore - Port Colborne	26:06.2	
3 Nicole Beach	Blessed Trinity Thunder	27:04.9	
4 Cori Macsai	Lakeshore - Port Colborne	27:34.6	
5 Ella Whalen	St. Michael - Niagara Falls	28:10.9	
6 Krysten Schuster	Blessed Trinity Thunder	29:35.1	
7 Sophia Lessard	St. Michael - Niagara Falls	30:08.2	
8 Madeline DeBoer	Blessed Trinity Thunder	30:21.3	
9 Megan Johnson	St. Francis - St. Catharines	30:48.3	
10 Rachel McGarr	St. Paul - Niagara Falls	31:08.4	
11 Melissa Mott	Lakeshore - Port Colborne	31:09.8	
12 Susan Santillan	Lakeshore - Port Colborne	32:05.4	
13 Serena Kelly	St. Francis - St. Catharines	32:11.7	
14 Bianca Faraci	Blessed Trinity Thunder	33:19.3	
15 Thea Freer	Blessed Trinity Thunder	33:48.3	
16 Lexie Rowe	Lakeshore - Port Colborne	33:51.2	
17 Maisie Rappitt	Holy Cross - St. Catharines	33:55.6	
18 Lily Watt	St. Francis - St. Catharines	34:37.3	
19 Katja Gruchot	Lakeshore - Port Colborne	34:43.5	
20 Julia Taras	Lakeshore - Port Colborne	35:17.3	
21 Marisa Hagopian	St. Francis - St. Catharines	36:36.9	
22 Katie Wilcox	Blessed Trinity Thunder	36:41.3	
23 Dominique desVignes	St. Francis - St. Catharines	39:32.4	
24 Stephanie Opalka	Blessed Trinity Thunder	39:38.8	

NCAA Zone 2 Cross Country Championship - 2019-10-16

Event 8 Men 6k Run CC Senior

Name	School	Finals	Points
------	--------	--------	--------

Results - Men

1	Jack Chios	St. Francis - St. Catharines	22:34.9
2	Samuel Nolan	St. Francis - St. Catharines	22:42.8
3	David Picard	St. Francis - St. Catharines	23:28.5
4	Dylan Dumas	St. Paul - Niagara Falls	23:33.5
5	Matthew Roda	Notre Dame College - Welland	24:02.3
6	Graeme Staples	Notre Dame College - Welland	24:03.6
7	Michael Huber	Blessed Trinity Thunder	24:07.3
8	Young Mo Lee	Notre Dame College - Welland	24:13.3
9	Cole Arnold	Blessed Trinity Thunder	24:16.2
10	Justin Felker	Blessed Trinity Thunder	25:23.2
11	Maceo Tripodi	St. Francis - St. Catharines	25:23.5
12	Damian Erzar	Blessed Trinity Thunder	25:27.7
13	Jonathan Klauck	Lakeshore - Port Colborne	25:33.7
14	Nicholas Siena	Blessed Trinity Thunder	26:01.2
15	Cameron Karniej	Blessed Trinity Thunder	26:06.8
16	Erik Williston	Notre Dame College - Welland	26:18.3
17	Juan Reyes	Notre Dame College - Welland	26:38.7
18	Nicholas Taddeo	St. Paul - Niagara Falls	26:43.7
19	Oliver Sloan	Blessed Trinity Thunder	27:04.9
20	Ethan Engel	Notre Dame College - Welland	27:23.5
21	Adam Beacock-Schmurs	Lakeshore - Port Colborne	27:34.3
22	Caleb Rakonjac	Blessed Trinity Thunder	28:01.0
23	Jack Conway	Blessed Trinity Thunder	28:10.9
24	Joseph Alaimo	Blessed Trinity Thunder	28:29.8
25	Mitchell Rochon	St. Paul - Niagara Falls	28:42.5
26	Brandon Schmidt	Blessed Trinity Thunder	28:46.6
27	Owen Gallagher	Notre Dame College - Welland	29:08.5

NCAA Zone 2 Cross Country Championship - 2019-10-16

28	David Gillies	Lakeshore - Port Colborne	29:11.3
29	Jacob Lofaro	Blessed Trinity Thunder	29:35.5
30	Nathan Taylor	Blessed Trinity Thunder	30:08.5
31	Richie Hamm	Denis Morris-St. Catharines	35:46.6
32	Owen Fleming	Denis Morris-St. Catharines	36:45.4