

## **SOSSA BOYS' AND GIRLS' VOLLEYBALL**

### **PLAYING REGULATIONS – revised September 2022**

#### **1. Dates**

Championships should be scheduled at least a week prior to the OFSAA championship unless extraordinary circumstances dictate a change.

#### **2. Location**

The location of the championship shall be decided no later than the SOSSA Annual General Meeting, held in June of the previous school year.

#### **3. Eligibility**

As per Article VII and Article VIII of the SOSSA constitution.

#### **4. Classification**

Please see Articles VII, Section 7.03 and 7.05 of the SOSSA constitution.

#### **5. Tournament Structure and Procedure**

All SOSSA volleyball tournaments be organized and conducted in one day.

SOSSA Volleyball tournaments will be single elimination best 3 of 5.

The first match draw will be based on the SOSSA rotation for boys' and girls' activities.

If only two schools qualify, then the final will be a best 3 of 5 match.

The SOSSA championship match shall take place a minimum of three and one-half (3 ½) hours after the start of last semi-final match, unless both teams have agreed to play the championship earlier.

#### **6. Entry**

Each zone shall be allowed one team in the SOSSA tournament. The convener and the administrative director may round out the draw to four teams if necessary. The procedure to fill the SOSSA draw can be found in Article VII section 7.09.

The SOSSA convener should provide tournament information at least two weeks before the event to the following email address - "championships@sossa.on.ca" This information should include:

- a) Game times and zone match ups for semi-final and championship game time.
- b) The site location of the tournament and directions if necessary.
- c) Any other pertinent information (gate cost, parking information, etc.)

The SOSSA convener shall be responsible to ensure that the OFSAA entry is forwarded to the OFSAA convener.

## **7. Expenses**

The convener should attempt to charge a gate entry in order to cover the cost of the tournament.

Since SOSSA is responsible for any loss incurred in the tournament, then the association should realize any profits. (After expenses - 60% to school, 40% to SOSSA)

A championship report shall be submitted to the SOSSA administrative director after the conclusion of the championship.

## **8. Rules and Officials**

The rules for volleyball will be according to the C.V.A., the following exceptions are in place:

(a) Timeouts shall be one minute in duration.

(b) 12 Substitution Rule – For SOSSA competition teams are allowed a maximum of 12 substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that player will be the only player that they may leave or re-enter that set for. For example, player A for player B – player C may not enter into this rotation.

(c) Libero Player: i. Each Team has the right to designate up to two (2) specialist defensive players: Liberos ii. All Liberos must be recorded on the score sheet with the team roster. iii. The number of the Libero or Liberos is to be recorded on the lineup sheets for all sets. iv. Coach may re-designate Liberos each set. v. Only one Libero may be on the court at any time. vi. The Libero can be either team captain or game captain at the same time as performing as a Libero.

(d) Net Heights:

Junior Girls -	2.15m
Junior Boys -	2.35m
Senior Girls -	2.24 m
Senior Boys -	2.43m

(e) SOSSA will follow the OFSAA constitution for scoring purposes.

(f) Awards - (Medallions – 15 Junior, 12 Senior).

(g) The tournament convener shall be responsible for obtaining competent officials for the SOSSA championships. It is acceptable to have one official per court in the first round only. There must be two officials per court thereafter. The host shall provide two experienced lines people per court of competition. If competing teams can provide experienced lines people, they may do so with the agreement of the convener and coaches.

### **9. Equipment**

The host school will be responsible for having available all necessary equipment.

The convener shall make the necessary arrangements for scorers and lines people.

Participating teams shall provide their own warm-up balls.

A game ball is selected for any SOSSA tournament game in the order of criteria below:

- a) A ball mutually accepted by the two teams playing the game;
- b) The official OFSAA sponsored ball; and,
- c) A ball chosen by the official for that game.

In any situation, the ball shall be approved for high school play by the National Federation of High Schools and carry the (NFHS) crest.

### **10. Awards**

Each member of the winning team shall receive a medallion. Recommendation: the SOSSA trophy should be made available from the previous winner, to be presented at the championship.

### **11. Uniforms**

Recommendation – Team members shall be required to wear identical jerseys and athletic shorts in the school colors. Uniforms shall be numbered on both the front and back.

### **12. Deportment**

Any school team entering SOSSA sponsored or approved competition must be under the control of a staff member of the school which it represents.

### **13. Appeals and Protests**

If a school(s) wishes to proceed with a protest, see Article 9 of the SOSSA constitution.

#### **14. Recommendations**

It is strongly recommended that the volleyball court on which the SOSSA INC volleyball championships be played:

i) Have adequate space for a full service area.

\*After the first round adequate space for full service must be provided.

ii) Have all basketball backboards and any other overhead impediments be raised to permit fair play for both teams.