

Marshalling Assignments For the NRHSAA XC ZONE 2 Meet. Oct. 17

ParaG / ParaB - 4000m 1km loop C (back to Start) + 3km loop A to finish

NG / NB - 4000m 1km loop C (back to Start) + 3km loop A to finish

JG / JB - 5000m 2km loop B (back to Start) + 3km loop A to finish

SG / SB- 6000m 3km loop A(back to start) + 3km loop A to finish

At the End of the Meet (after Sr. Boys race) please return the SAFETY VEST and gather flags, caution tape and any stakes as you walk back to the finish line pavilion. The success of any meet is through the individual contributions of us all. I cannot thank you all enough for your dedication and efforts to make Cross Country Running the great sport that it is.

Marshalling Assignment	School / Personnel	Duty
Packages	Julia	Hand out team packages in the pavillion before the coaches meeting. Remind coaches to clean up their team area before they leave.
S (START)	<p>1. Ryan Desson</p> <p>2. CEC</p>	<p>Call the 10 and 5 min warning (warmups off), 2min call toe to line, Assistant Raises flag.up signalling all ready. Starter walks up clear of the runners with arm or flag up(silent start drops flag &or Fire gun (Be sure timers are aware) Assist with organizing the start line Safe space distance teams one lead runner per school rest of team lines up behind</p>
Pace Bike	<i>In Need</i>	Leads runners through the race course
1	Blessed Trinity	<p>Para Event and NG/NB, turn first time to 1km loop Marshal#5 then straight to to #km loop toward Marshal #2</p> <p>JG,JB turn first time to 1km loop Marshal#5then straight to 3km loop Marshal #2</p> <p>SG,SB straight through to 3km loop Marshal #2 both times</p>
2	SM Students (3)	Direct runners along trail to Marshal #3...#4
3	SM Students (3)	Direct runners along trail to Marshal #4
4	SM Students (3)	Direct runners along trail to Marshal #5
5	Holy Cross	<p>(Para, Novice, Junior) First loop> Turn runners to Marshal #6...7</p> <p>Second loop direct runners through tree grove to Marshal#6...7</p> <p>Senior- direct runners through tree grove to Marshal #6...7</p>

6	Saint Francis	Direct runners turn toward dog park pavilion to Marshal #7
7	Denis Morris	Direct runners to park edge around dog park to roadway to Marshal #14...8
8	Lakeshore	ParaG/B ,NG,NB Direct runners to right turn to fence perimeter 1 st time by (1kmloop) Then all others turn left to tree line.
8b By gazebo	SM Student (2)	Direct runners toward the slope down to behind lower bandshell
9	Saint Michael	Direct Para, NG,NB to turn right toward finish line JG/JB/SG/SB-1 st time turn left toward at dog park (Marshal #12) then 2 nd time turn right to finish line
9b	SM Student (2)	Direct runners from lower pavilion to Marshal #9 at trees
10	SM Student (2)	Marshalling- direct runners around trees to start line
11	Saint Paul	Marshalling- from behind lower bandshell up hill to Marshal #9
12	SM Student (2)	Direct runners to Marshal #13
13	Notre Dame	Direct runners to turn left toward playground Marshal#10
14	SM Student (2)	Direct runners to turn right toward dog park towards Marshal #8
Finish line Crew <i>Help with pavilion before start and finish</i> <i>Hand out envelopes before meet</i>		
	CEC	<i>Timer Device/Organize with Starter</i>
	CEC	Shute Sheet/ipad
	CEC x2	Timing Sheet backup
	CEC	<i>Direct Athletes out of the chute. Give medals 1st to 3rd per event.</i>
Help with chute set up before the race	Alex Acs/Jenn	Computer results and Reporting

