

# NCAA Elementary Volleyball Championship Information

**Dates: Tuesday November 28th, 2023 (Girls Small & Large School), Wednesday November 29th, 2023 (Boys Small & Large School).**

**Location: Niagara College, Welland \*The Parking Lot is enforced. Use [HonkMobile App](#)\***

We will be using **A ROUND ROBIN FORMAT** for this year's volleyball tournament. Each team is guaranteed three matches. The top two teams in each pool advance to the semi-finals. In the round robin play, each match will be 2 sets to 20 (cap at 20) against each team in your pool. The standings will keep track of the number of 'sets' won. School population as well as team skill level will be taken into consideration when seeding. Coaches will be expected to give the NCAA convenor a synopsis of team talent.

## Semi-Finals and Championship

The semi-final and championship matches will be best 2 out of 3 games. The first two games are to 25 (cap, first team to 25) The third game, if needed, is played to 15 (cap, first team to 15). The convenor has the ability to alter this format due to time restraints.

## Coaches

- Medals will be provided by the NCAA awarded to the 1st, 2nd and 3rd place teams.
- Referees & Fees will be paid by the NCAA
- Teams will be allotted a brief warm up during the round robin play. **Teams are to bring their own volleyballs for warm up.**
- Teams should arrive ready to play, immediately following the previous game.

**\*\*Please remind your team of their conduct while visiting Niagara College. Players should not be left unsupervised and are reminded not to leave the gym area. Please refrain from having players roam the halls during the time of the tournament. \*\***

## Rules and Regulations

Basic Rules of Volleyball are in play

**Net Rules**—Contact with the net by a player between the antennae, during the action of playing the ball, is a fault. The action of playing the ball includes (among others) take-off, hit (or attempt) and landing safely, ready for a new action. Regulated by the referee.

**Hands over the net**- touching the ball over the net, in the opponent's court before the opponents' action to send the ball towards the opposite side is made, shall constitute a fault. Passing the hands over the net after a spike is permitted, however, no player can make contact with the white strip at the top of the net at any time. Regulated by the referee.

**Absolutely NO JEWELRY.** Referees will likely not accept earrings being taped.

Service Area- A player can serve anywhere along the end line.

Time Limit- A player must serve within 7 sec of the referee whistle.

There is no repeat of serve- if a player tosses the ball into the air and misses, it's a point for the other team and a loss of serve.

Net serve- a serve that hits the net but travels into the opponent's court is in play

Hits- a ball may hit any part of the body (kicking of the volleyball is not permitted)

Scoring- Points are scored by a "rally point system". If a player on the serving team commits a fault, there is a point awarded to the other team and they also get the serve. Thus, a point is awarded at the end of each serve.

Substitutions- a coach may substitute Player A for Player B and then re-substitute Player B for Player A an unlimited number of times during a single game. In case of injury a player can be used to substitute for the injured player.

Rotation- After a team has lost its serve, the team receiving the ball for service will immediately rotate one position clockwise. There is a definite system of rotation and teams must rotate after every side out, including the initial serve by the receiving team.

Line Up- The starting line-up will be given to the referee on the sheets provided before each game.

Time-outs: 2-time outs of 30 seconds each per game may be allowed. A time-out may be requested any time the ball is dead.

Net Height— Girls 7' 0", Boys 7' 2" (please note that limitations of volleyball systems at different schools may require slight modifications to the net heights listed)

Out of Bounds- When a ball touches any object or surface (except the net) or the floor outside the court is out of bounds and point or side out occurs. A ball touching any part of the boundary line is good. A player may go outside of his/her court to play a ball but not into the opponent's court.

Coin toss- The game will begin with a coin toss, the referee will call for captains and the winning team will get the choice of serve or side.

There is no blocking the serve.

Serving- \*\*There is 5 serve maximum per player. Before the 6th serve, the serving team must rotate and a new player will continue serving. The ball is to be served only after the referee has given the signal and whistle. The player must only enter the court after the serve has been made, being careful

not to step over the line which is a foot fault and results in loss of serve and a point for the opposing team. The serve may be under or overhand.

Out of turn- If a player serves out of turn, side out shall be declared, and any points made on the service shall not be counted. The players shall immediately resume their correct positions.

Double hit- a player contacting the ball more than once with whatever part of the body without any other player having touched it between these hits will be considered as having committed a double fault. However, a double hit will not be called on the first contact of any serve or the first contact over the net during a rally.

Screening- a player on the serving team may not prevent opponents from watching the serve or the path of the ball by waving arms, jumping, or moving sideways or the formation of groups that the ball is served over.

Scoring/Tie Breaker - Sets won will be recorded. Maximum of +5/-5 will be recorded. If two or more teams, within a pool, are tied at the end of the preliminary round, the following criteria will be applied in order until all ties are broken, and all tied teams ranked.

- (i) Won/lost sets between tied teams
- (ii) won/lost sets considering all matches of the round
- (iii) points for/against between tied teams
- (iv) points for/against considering all games played during round robin
- (v) coin toss by the NCAA Convenor

The referee is the official of the match. He/she will decide when the ball is in play or it is dead, when a point has been scored and when a side out is awarded.

Referees are to be respected by coaches, players and parents. If a player or coach is ejected from a game, then they will remain suspended for the rest of the tournament.

Coaches are responsible to check the schedule provided for the time and location of the games.

In the case of a parent or volunteer coach, the staff representative must sit on the bench during all games. The staff representative must remain at the school until all of the players from his/her team have been picked up.

THE BEHAVIOUR OF THE TEAM MEMBERS AND OTHER PEOPLE ASSOCIATED WITH THAT TEAM IS THE RESPONSIBILITY OF THE COACH AND STAFF REPRESENTATIVE. TEAMS MUST BE SUPERVISED WHILE ENTERING THE SCHOOLS, IN THE CHANGEROOM, AND WHILE SPECTATING OTHER GAMES. YOUR COOPERATION IS SINCERELY APPRECIATED. WE HOPE THAT THE VOLLEYBALL TOURNAMENT IS A REWARDING EXPERIENCE FOR BOTH PLAYERS AND COACHES!

