

## FIELD LACROSSE – BOYS'

### 1. SEASON OF PLAY

Boys = SPRING

### 2. LEVELS OF COMPETITION

Senior Level (Varsity)

### 3. CLASSIFICATION

See the Niagara Catholic Athletic Association constitution.

### 4. ELIGIBILITY

a) Team/School Eligibility – Eligibility as per Niagara Catholic Athletic Association constitution, SOSSA and OFSAA team/school eligibility requirements and SOSSA and OFSAA's sport specific eligibility requirements.

b) Student Eligibility – Eligibility as per Niagara Catholic Athletic Association constitution, SOSSA and OFSAA student eligibility requirements and SOSSA and OFSAA's sport specific eligibility requirements.

### 5. ELIGIBILITY SHEET

Eligibility sheets are to be entered in the OFSAA HUB at least 24 hours prior to the team's first game.

### 6. OFFICIALS

All officials must be accredited.

### 7. PAYMENT OF OFFICIALS

Both teams are responsible for payment of the officials for all league and play-off games. The amount will be announced at the start of the season and posted on the Niagara Catholic Athletic Association website.

If a gate is charged at a Niagara Catholic Athletic Association league or play-off game then all expenses will be paid from the gate (referees, field cost, etc.) and the remainder of the gate will be divided equally between the home and visiting teams.

Note: Schools will be invoiced at the end of the season for all applicable field and medic costs.

### 8. REPORTING SCORES

The home team will input scores and the score sheet on to the Niagara Catholic Athletic Association website by noon the day after the game.

### 9. RESPONSIBILITIES OF TEAMS ON GAME DAY

- Each team must provide approved white game balls for each game (2 game balls and 3 on each end line) must be used.

- Provide a proper field, lined, with pylons and nets. Ensure any football, rugby or soccer goal posts that are in play must be sufficiently padded.
- The team listed as the home team on the schedule must provide a timer/scorer. Teams must ensure the minor officials are trained prior to the league game(s)
- Use official score sheets.
- Players benches must be on the same side of the playing field. Spectator areas will be on the opposite side of the players' benches. Where this cannot physically be possible, the players' bench areas must be clearly defined, and spectator areas are not to be in those areas.

## 10. UNIFORMS AND EQUIPMENT

### a) General

- i. All competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the school's/Associations name, colours and logo.
- ii. Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined in By-Law 6, Section 2(h).

### b) Sport Specific

- i. All teams must wear matching shirt and shorts.
- ii. Shirts must have minimum 8" numbers on the front and a minimum 10" numbers on the back.
- iii. No duplicate numbers shall be permitted on the same team.
- iv. Track suit pants or leggings may be worn by any player but, for a particular team, they must be of the same colour.
- v. Teams must provide a second set of uniforms/pinnies in the event there is a colour conflict.
- vi. In cases where teams have similar coloured jerseys, the home team listed in the schedule shall wear contrasting jerseys or pinnies.
- vii. All uniforms must be intact at the start of the game.

### c) Player Equipment

- i. All players must wear:
  - CSA approved helmet and mask with chinstrap properly fastened on both sides.
  - Full fit interior mouth guard at all times when on the field of play.
  - Gloves with fingers fully encased.
  - Shoulder pads.
  - Arm pads.
  - Athletic support and protective cup.
- ii. Goalies must wear a throat guard and chest protector.
- iii. All offending equipment must be repaired or removed subject to the referee's discretion.
- iv. Any knee braces must be approved by the head official prior to the start of the game.

## 11. RULES

The official Rules of Men's Field Lacrosse shall govern play in the Niagara Catholic Athletic Association League and Playoffs with the following exceptions:

## Playing Time

Single games will be 12-minute quarters with a three (3) minute rest at quarter and five minutes at half.

Jamboree games will be 12-minute quarter with the following intervals between periods: Two (2) minutes between 1<sup>st</sup> and 2<sup>nd</sup> quarters, five (5) minutes at half time, and three (3) minutes between the 3<sup>rd</sup> and 4<sup>th</sup> quarters.

All games will allow for a minimum ten (10) minute warmup.

Teams that are not ready to begin on time shall be assessed an “avoidable lateness” technical foul to start the game.

Teams that are more than ten (10) minutes late to start the match shall forfeit the match at the discretion of the lacrosse convenor.

Teams will be allowed two (2) one-minute timeouts per half regardless of the timing format.

A game which has finished the third (3<sup>rd</sup>) quarter is deemed complete if play is stopped by the referee at or beyond this point.

Any game which is stopped prior to the end of the third (3<sup>rd</sup>) quarter will be considered a “suspended game” and will be continued from the point that the game was stopped once play can resume.

The time remaining, score, penalties, game sheet, etc. will all continue from the point that the game was suspended.

## 12.TIED GAMES

League games can end in a tie. There will be no overtime in league play.

In the event of the score being tied at the end of regulation playing time of a playoff game, play shall be continued after a two (2) minute intermission, with sudden victory overtime.

In sudden victory overtime teams shall play periods of four (4) minutes each until a goal is scored, thus deciding a winner.

All periods of overtime shall start with a face-off.

The teams shall change ends between overtime periods.

There will be a two (2) minute intermission between victory periods.

The game ends upon the scoring of the first goal.

### 13.FIELD LACROSSE SUSPENSIONS AND EJECTIONS

Any player given an intent to injure penalty (including off-the-ball leg slashes and pulling the face mask) will be ejected from Niagara Catholic Athletic Association play.

The third man into an off-play altercation will be ejected from Niagara Catholic Athletic Association play.

Players who accumulate five (5) minutes in personal fouls will be suspended for the duration of that match.

Any expulsion penalty must be reported to both the referee-in-chief and the lacrosse convenor and will result in suspension for the remainder of Niagara Catholic Athletic Association play.

Goaltenders receiving a penalty shall serve their own penalty provided that the team has a second goaltender dressed. Where a team only has one goaltender dressed, they must declare a “designated defender” prior to the game, who shall serve all goaltenders time served penalties other than expulsion.

Only captains can speak to the officials.

### 14.MEDICAL

See OPHEA’s Ontario Physical Activity Safety Standards in Education for Secondary Interschool Lacrosse (field).

### 15.APPEALS AND PROTESTS

If a school(s) wish to proceed with a protest, see the Niagara Catholic Athletic Association Constitution for further direction.

### 16.ADVANCING TO SOSSA

The winner of the Niagara Catholic Athletic Association play off Championship game(s) will be the Zone 2 representative at SOSSA.